



Tools For Action

An inventory of nutrition and physical activity interventions in Wisconsin

Program Name Outpatient Specialty Clinic

Contact Information

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Title of Main Contact Dietitian
Agency Affiliation of Contact St. Vincent Hospital
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Program Information

Type of Program Health Care
Year Coalition was Formed 1984
Primary program focus Nutrition
Region Northeastern
County Brown
Coalition Web Site Address

Program Information

Represented Groups on Coalition Health Care	Represented Professions on Coalition Dietitian
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A Wisconsin Nutrition and Physical Activity Program



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Intervention Name Nutrition Counseling

Intervention Information

Type of Intervention: Nutrition Event
Focus Area: General Physical Activity & Nutrition
Intervention Site or Setting: Health Care
Scope of Intervention: Individual sites
Target Audience: All races, genders and ages
Total Population in Area Served: 100,000
Number of Participants: 100
Implementation Status: One time & ongoing

Partners:
Unique Funding:
Evaluation: Health Indicator - Monthly Impact on Knowledge, Attitude & Behavior Monthly
Evidence-Based or Best Practice based on seminars & literature

Products Developed or Materials Used:

Parents Guide to Weight Management in Children, Guide to Good Eating, food Pyramid, Exchange List Booklet ofr Weight Management, Exercise Log, Walking Booklet

Intervention Description:

Nutrition & Physical Activity Assessment & Counseling

A Wisconsin Nutrition and Physical Activity Intervention